

OVVC Skills Academy

Conducted By:

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All skills clinic will cover 6 fundamental volleyball skills to make and improve athletes to become the complete player. The 6 skills include under/overhand passing, serving, attacking, defense, setting and footwork.

High School clinic will allow athletes to choose a specific skill to improve their indoor game.

• **Skills Academy
dates will run every
Sunday and Tuesday
until December**

Sunday sessions: 1 & 2

1. 5th thru 8th grade: 8:00 – 9:15 am *All skills covered
2. high school: 9:30 – 10:45 am *Skill specific

• **Register early as
some sessions
will fill quickly!
You will get
notification if you've
registered for a
specific clinic**

Tuesday sessions: 1 & 2

1. 5th thru 8th grade: 6:00 – 7:15 pm *All skills covered
2. high school: 7:30 – 8:45 pm *Skill specific

*All skills include: setting, attacking, serving, passing/defense
*Skill specific choices: Setting, Attacking, Passing/Defense

Price

\$30 - Early Registration*

*Email registration form 24 hours prior to start of session-email confirmation given

*All payments made 10 minutes prior to session beginning

**Cancellations must be made 24 hours in advance/late cancellations will result in \$20 fee

\$40 - Walkup Registration

**Walk-up registration is only taken if there are spots available- early registration is suggested

skillsacademy.OVVC@gmail.com

On subject line put Name, Date of Clinic, and Session

i.e. SUBJECT: Sally Jones, July 10th, 1st session

*All high school girls please specify skill

i.e. SUBJECT: Sandra Jones, July 10th session-* attacking